



The NORMANDY NEWS



NORMANDY TOWERS

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LEASING CENTER HOURS

MONDAY-FRIDAY 8:00am - 6:00pm

SATURDAY 11:00am - 5:00pm

AFTER-HOURS SECURITY 216-645-7581

AFTER-HOURS MAINTENANCE 216-765-2344

MONDAY-FRIDAY 5:00pm - 8:00am

WEEKENDS AND HOLIDAYS

The Story Behind Euclid's Peculiar Name

WHAT'S IN A NAME?

Founded in 1796, our very own City of Euclid shares its name with seven other cities in the United States, but that doesn't make the story behind its name any less interesting. Although it may not be as attention-grabbing as names like Peculiar, Missouri, or Zigzag, Oregon (both real places!), the name of our city still sparks curiosity. After all, who was Euclid? And why would a city in the greater Cleveland metropolitan area bear his name?

IT'S GREEK TO ME!

For more than 2,000 years, the main textbook for teaching math was called "Elements," and it was written by the Greek mathematician Euclid of Alexandria.

Even into the 1800's, Euclid's masterwork was considered the authority for the study of geometry and anything to do with lines, angles, shapes, and measuring distances.

AN INSPIRED CHOICE

In 1796, when Moses Cleveland needed to map out the region surrounding the city that would be named for him, he hired a group of 41 surveyors to measure and divide the area. In addition to wages, they requested a portion of land for themselves, and the parcel they received is our very own city. When it came time to choose its name, they decided to honor the great Greek mathematician who had taught them the principles of their profession and given them a livelihood. So, they named it Euclid!

Resident Spotlight

Kelsi Ronk

Kelsi and her father are avid Browns fans and longtime season ticket holders. They even have a dream of attending away games in every stadium across the country. Kelsi also loves to travel abroad, and she took a graduation trip across Europe with her grandmother and aunt that included visits to England, France, Switzerland and Italy. In her spare time, she enjoys reading and freelance writing for blogs and small businesses, and she hopes to one day write a novel of her own. Kelsi earned her degree in exercise science from the University of Akron and is studying toward a Master's degree at Cleveland State. She now works as an exercise specialist for Lake Health, where she creates personalized fitness plans to help patients meet their goals. When Kelsi accepted her position with Lake Health, she set out to find a home close to her new job and happily chose Normandy Towers. In particular, she appreciates her fellow residents and finds them to be friendly, helpful, and welcoming. Thank you, Kelsi, for being a part of our Normandy family!

March 2021



Baked Cinnamon Apples (adapted from www.delish.com)

4 APPLES

1/2 CUP BUTTER, SOFTENED

1/4 CUP OLD FASHIONED OATS

1/4 CUP PACKED BROWN SUGAR

1/4 CUP CHOPPED PECANS

1 TEASPOON GROUND CINNAMON

1/4 TEASPOON GROUND NUTMEG

PINCH OF SALT

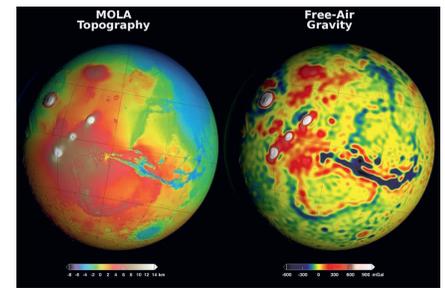
VANILLA ICE CREAM, FOR SERVING

Baked cinnamon apples are a tried-and-true winter comfort treat, easy to prepare and enjoyed by all. To get started on this flavorful classic, preheat oven to 375. Core apples using a melon baller while being careful not to cut through the bottoms of the apples. In a medium bowl, mix together butter, oats, brown sugar, pecans, cinnamon, nutmeg, and salt. Stuff butter mixture evenly into each apple. Place apples in a small baking dish, cover with aluminum foil, and bake for 30 minutes. Remove aluminum foil and continue baking uncovered until apples are tender and insides are syrupy, approximately 20 additional minutes. Serve this warm and yummy treat on its own, or indulge yourself and top it off with a dollop of vanilla ice cream to create a perfectly delectable desert.

Online Options

TRAVEL THE GALAXY TO MARS

The red planet has always held a certain fascination for stargazers throughout the ages. More recently, scientists and astronauts have begun to consider the challenges of human travel to Mars in order to explore the possibility that life once existed on its rocky surface. In preparation for such a journey, researchers are hard at work endeavoring to learn more about the planet's physical characteristics, climate, and terrain, including the existence of free-air gravity and other anomalies detected using MOLA topography. To discover more about the current state of Mars exploration, tune in to the Euclid Public Library's "Mars Trek" event featuring a presentation from the Armstrong Air and Space Museum on Thursday, March 4, from 6:30-7:30pm. Visit www.euclidlibrary.com for more information and to register. To infinity and beyond!



YOUR TIME TO SHINE LIKE A STAR

Calling all writers, artists, musicians, and talented folks of all ages! Here's your chance to take center stage, albeit a virtual stage accessible from the comfort of your own home. The Euclid Public Library invites you to share your talents with the broader community at this month's "Open Mic Night." On Wednesday, March 10, from 6:30-7:30pm, performers will have the opportunity to grab the spotlight for a few minutes and show off their creative side. Visit www.euclidlibrary.com to register and for more information about this event.

Tips for Better Living

Simple Solutions for Winter Wellness (adapted from www.health.harvard.edu)

Wintertime poses a number of challenges to keeping your skin feeling and looking healthy. The outdoor weather tends to be less humid, and the air in our homes also tends to be somewhat drier. Thankfully, there are a number of easy ways to rejuvenate your skin. First, make sure to use moisturizers regularly to rehydrate the surface of your skin. Although the oil-based varieties are typically more effective, water-based alternatives also work well without leaving a residue. In addition, consider using lukewarm water when washing and bathing, as water at higher temperatures can wash away the skin's natural oils. Lastly, this may sound obvious, but try to avoid wearing fabrics that itch and put on something soft instead. Your skin will thank you!

Kids' Corner - Word Search

T	T	H	G	I	L	T	O	P	S	O	S	P	Y	I
N	L	C	C	S	A	F	K	L	P	H	N	H	K	K
Y	H	E	L	P	F	U	L	W	R	O	U	Z	J	X
T	N	X	G	J	V	Z	K	I	I	L	U	T	R	G
I	S	E	U	C	L	I	D	T	R	O	F	M	O	C
S	Z	D	I	V	A	D	A	Y	L	S	Y	R	N	Z
O	H	C	R	A	M	N	H	G	F	O	F	E	O	J
I	N	N	P	O	I	H	Z	C	V	F	Z	L	H	T
R	T	D	R	C	Z	K	W	A	K	T	E	J	J	L
U	P	X	S	E	L	B	A	T	C	E	L	E	D	U
C	I	A	N	X	J	P	Q	J	F	Q	O	T	D	T
S	F	V	K	Y	U	J	E	S	I	C	R	E	X	E

March
Curiosity
Euclid
Honor
Avid
Exercise
Helpful
Fascination
Comfort
Spotlight
Soft
Delectable